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When making a choice as a consumer, having three things to choose from feels more satisfying. The "Rule of 3", according to Wikipedia, is a writing principle that suggests that things that come in threes are inherently funnier, more satisfying, or more effective than other numbers of things.

The Rule of 3. Or 4, or 5, or 6 | HuffPost Impact

huffpost : entry : the-rule-of-3-or-4-or-5-o_b_3894245

5 things to do when confused

Sit at one place: Relax, Take a long breath. ...

Write down the topics: Here, topic means choice which is making you confused. ...

Think outcome for all options: Here think in long run where that decision will lead you to.

5 things to do when confused - The Times of India

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